

Massage

Relax.. Renew.. Revitalize!

OUR SERVICES:

Swedish Massage: The primary goal of Swedish massage is to relax the entire body by rubbing the muscles with long gliding strokes in the direction of blood returning to the heart. It is exceptionally beneficial for increasing blood oxygen levels, improving circulation and flexibility, and decreasing muscle toxins.

Deep Tissue Massage: Similar to a Swedish Massage with deeper pressure to help release muscular tension, increase joint flexibility, reduce fatigue and chronic pain.

All of our massage sessions are individualized and catered to your specific needs

60 Min - \$115

75 Min - \$135

90 Min - \$150

BY APPOINTMENT ONLY

BOOK NOW!

Contact the PAC Welcome Desk to
Schedule Your Session 404-652-4500

